



## Teams Challenge Course/Jeffrey's Climbing Tower Waiver and Release

Program (check)	<input type="checkbox"/> Teams Challenge Course	<input type="checkbox"/> Climbing Wall	Location: Meadowhill Park
Group Name:			Date of Program:
Participant's Name:		Participant's Birth Date (MM/DD/YY):     /     /	
Parent/Guardian Name:		Email:	
Emergency Contact:		Emergency Phone:	

### Important Information

The Northbrook Park District (herein referred to as the District) is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions designed to protect participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### Warning of Risk

This Teams Course/Climbing Tower is a series of challenging activities intended to engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including spinal cord injury, head/brain injury, and bone and joint injury. Understandably, not all hazards and dangers associated with the teams course/climbing wall can be foreseen. Certain risks include acts of God, inclement weather, slip and falls, insect bites, inadequate or defective equipment, inadequate supervision or instruction, and premises defects. In this regard, it must be recognized that it is impossible for the District to guarantee absolute safety.

### Photo/Video Policy

The Northbrook Park District takes photos and video of participants in classes, during special events and in the parks. By signing the waiver, you are giving permission to the District to use these photos and video in District publications and on our website and social media outlets. All photos and video are the property of the District.

**PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian, birth date of participant, and program date are not on this waiver. Each participant must present a waiver to the facilitator on the day of the program.** NOTE: The Northbrook Park District does not carry medical or accident insurance for its participants. The cost of such insurance would make programs cost prohibitive. We suggest that you look at your own insurance policy to be sure you are adequately covered. The Park District assumes no responsibility for personal injuries or loss of personal property.

### Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this program/activity. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Northbrook Park District, including its officials, agents, volunteers and employees.

I further agree to defend, indemnify, and hold the District harmless against any and all liability, loss, expense, including reasonable attorneys' fees, or claims for injury or damages arising out of my participation (or my minor child/ward's participation) in this activity, but only in proportion to and to the extent such liability, loss, expense, attorney's fees, or claims for injury or damages are caused by or result from my or my minor child's/ward's acts(s) or omission(s).

I have read and fully understand the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering online or via fax, my signature shall substitute for and have the same legal effect as an original form signature.

Participant's Signature (18 years or older or parent/guardian)

Date

Indicate in the space below any special medical consideration you may require during participation on the Teams Course/Climbing Tower. All information will remain confidential unless necessary for first aid administration.